

GET A KIT



# Your At-home Kit

For at least 3  
days

- Food
- Water
- Supplies

For survival



# Water in a Kit

- One gallon per person and pet per day
- Store in clean, sealed plastic bottles
- Commercially bottled water recommended



NDSU

# Purifying Water

- 16 drops chlorine per gallon
- 20 drops iodine per gallon
- Boil 5 to 10 minutes
- Use water purification tablets or treatment units



Scott Akerman

# Food in a Kit

- Nonperishable
- Won't make you thirsty
- High energy
- High liquid content
- Special dietary needs
- Manual can opener



# Additional Supplies



Mark F

- Change of clothes
- Portable radio
- Flashlight
- Sanitation supplies
- Whistle
- Matches
- Comfort items



# First Aid and Medical Supplies



David Doyle

- Prescription medication
- Specialized medical needs
- First aid kit

# Kit Storage

- Tightly closed plastic or metal containers
- Toss damaged canned goods
- Use before expired
- Cool, dry place
- Update as needed



FEMA



# Kit Portability

- Luggage
- Plastic tubs/totes
- Garbage cans
- Backpacks
- Wheeled wagons



# Older Americans

- At least 3 days of prescriptions & copies
- Eyeglasses, hearing aids & batteries, oxygen
- Insurance forms, Medicare and Medicaid cards, other documents



# Pet Kits



- Identify pet-friendly shelters
- Gather pet supplies
- Ensure your pet has proper ID and up-to-date vet records
- Have a pet carrier and leash

# Car Kits

- General roadside repair supplies
- Jumper cables
- Tire jack
- Spare tire
- Flashlight/flares
- Red scarf or flag
- Basic tool set
- First aid kit



# Car Kits

- Water or container and heat source to melt snow
- High-energy food
- Activity, book
- Pencil & paper
- Winter: also blankets/sleeping bags, shovel





# Office Kits

- Required medications
- Water
- Food
- Available for sheltering in place or evacuating



Mary Thompson