

Here Comes the Rain Again: Stormwater Management to Meet a Changing Climate

Kevin Fitzpatrick, P.E.

East of Hudson Watershed Corporation
Fitzpatrick Engineering and Consulting

Presentation Overview



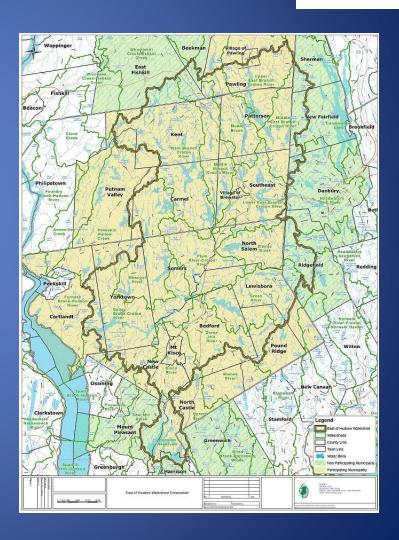
- EOHWC
 - Stormwater Management Through Collaboration
- Stormwater Basics
 - Hydrologic cycle
 - What is in our stormwater runoff?
- Changing Weather Patterns
- How Professionals Need to Adapt
- Tyler Lake Case Study
- Broader Solutions
- Questions

Stormwater Management Through Collaboration



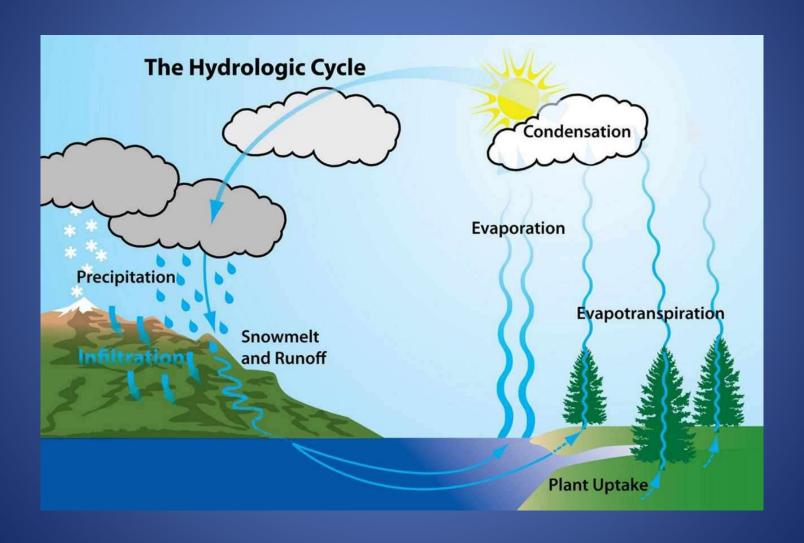
- Formed to address heightened P-Reduction
 - Regional Stormwater Entity (RSE).
 - 1380 kg over a 15-year period.
 - Bubble compliance for the members
 - Carmel (T)
 - Putnam Valley (T)
 - Kent (T)
 - Southeast (T)
 - Patterson (T)
 - Bedford (T)
 - Cortlandt (T)
 - Lewisboro (T)
 - Mt. Kisco (T/V)

- New Castle (T)
- North Castle (T)
- North Salem (T)
- Pound Ridge (T)
- Somers (T)
- Yorktown (T)
- Brewster (T)
- Pawling (T/V)
- Putnam County

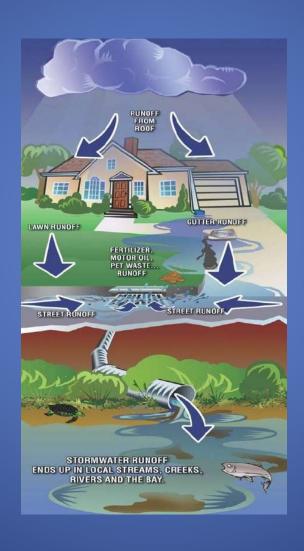








It's Just Rainwater, Right?



It's Just Rainwater, Right?

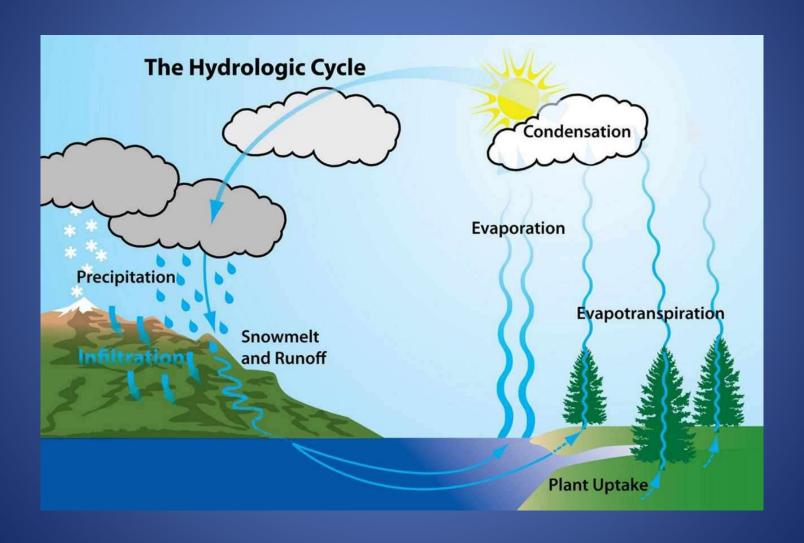
- What we can see
 - Lawn debris
 - Cut grass
 - Leaves
 - Sediment
 - Life debris
 - Trash
 - Toys
 - Pets?

- What we can't see
 - Oil/Grease
 - Fertilizer
 - Pesticides
 - Nitrogen/Phosphorus
 - Heavy Metals
 - Organic Carbon
 - Bacteria
 - Road Salt

Changing Currents

- Whether man-made or natural, things are changing around us!
 - Since 1970, avg. temperatures have increased by 0.60 deg F/decade (winter temps by 1.1 deg F)
 - More winter rain, less snow
 - Northeast has seen 70% increase in heavy rainfall since 1958
 - Design standards are often unable to catch up to changing conditions in our region
 - Longer and more frequent storms are coming

^{*}Observed and Projected Climate Change in NY State, 2021 NYSDEC



NYSDEC Design Storms

- Water Quality Volume (WQv)
 - The storage needed to capture and treat 90% of the average annual storm runoff
 - These storms are considered the "first flush" and carry the unseen contaminants more frequently

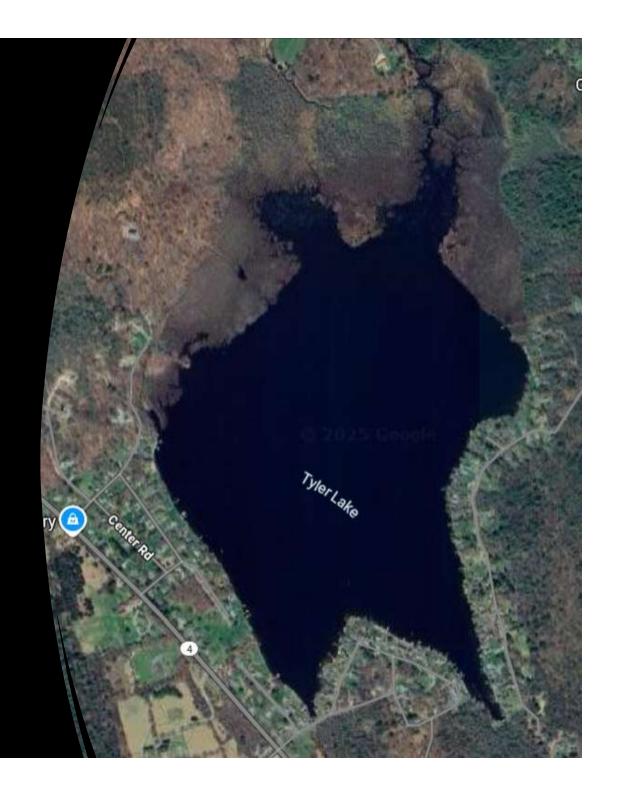
- Water Quantity Storms
 - Flooding events and routing of large capacity storms
 - These storms are occurring more frequently then in the past and for longer durations

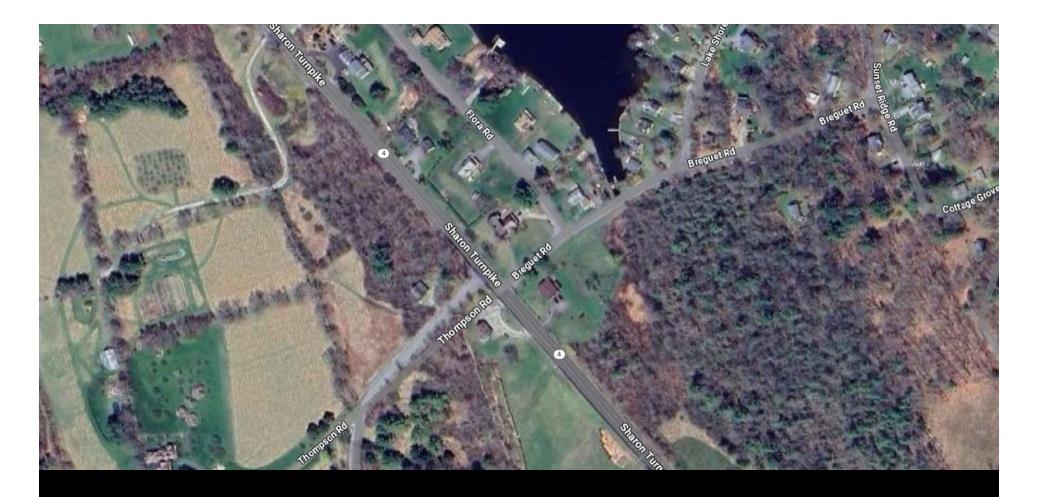
Community Impact

- Trademarks of Lake Communities
 - Old if not missing infrastructure
 - Often stormwater conveyance systems that were installed decades ago
 - Metal pipes
 - Undersized catch basins
 - Undersized swales
 - Steep sloping hills
 - Stormwater flows quickly get concentrated and can be damaging

Tyler Lake, Goshen CT

- Small lake community in Litchefield County, CT
- Limited infrastructure
- Connected to other local lakes within the Waterbury Watershed





Quantity and Quality Problems

- Local agriculture and State Highway drain directly into the Lake system
 - Increased storm flows will bring extra contamination and flood waters
- Limited real estate to offer a solution

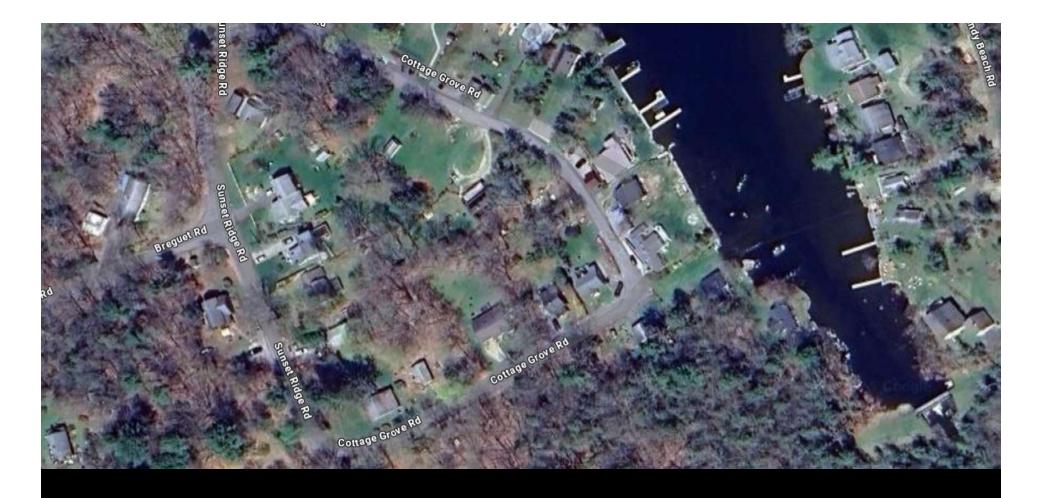
Quantity and Quality Solutions

- Well manicured roadway with infrastructure lends itself well to curbside solutions
- Bio-infiltration and catch basin solutions!







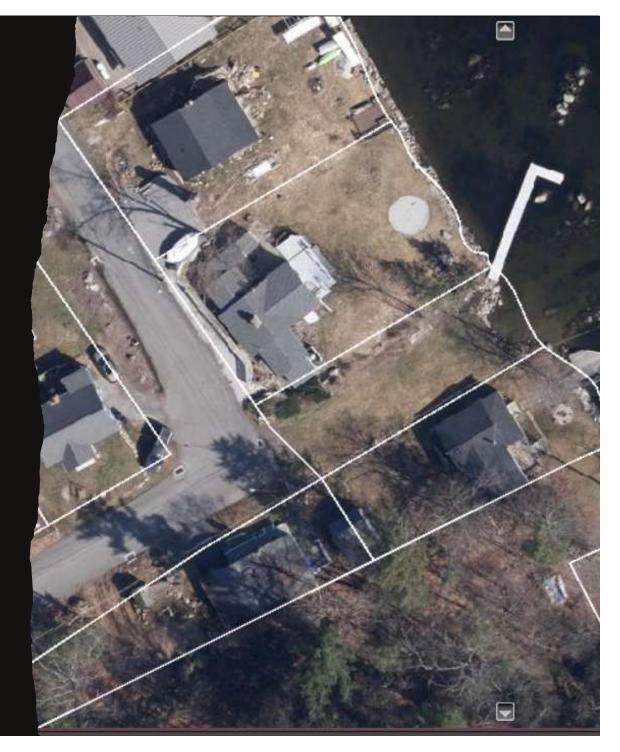


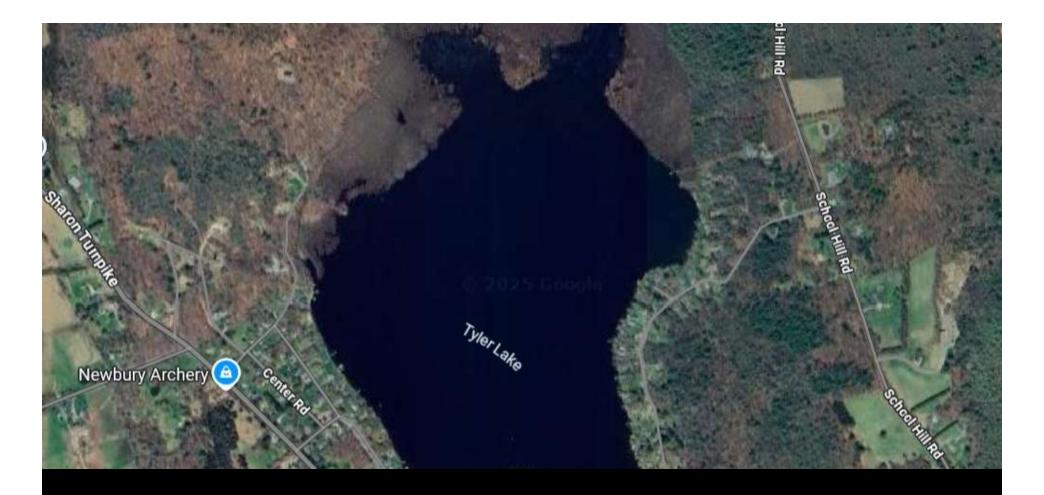
Quantity and Quality Problems

- Forested ROW allows for vegetation and leaf debris to reach the lake during heavy storms
- Sloped roadway leads to heavy flows

Quantity and Quality Solutions

- Swales and a piped system installed along the roadway
- Currently no quality controls
 - Subsurface system!
 - Filtration tanks in the roadway!
- Community action days to help clear the drainage path of debris
- At the local homes, it is imperative to have proper footing drains in place



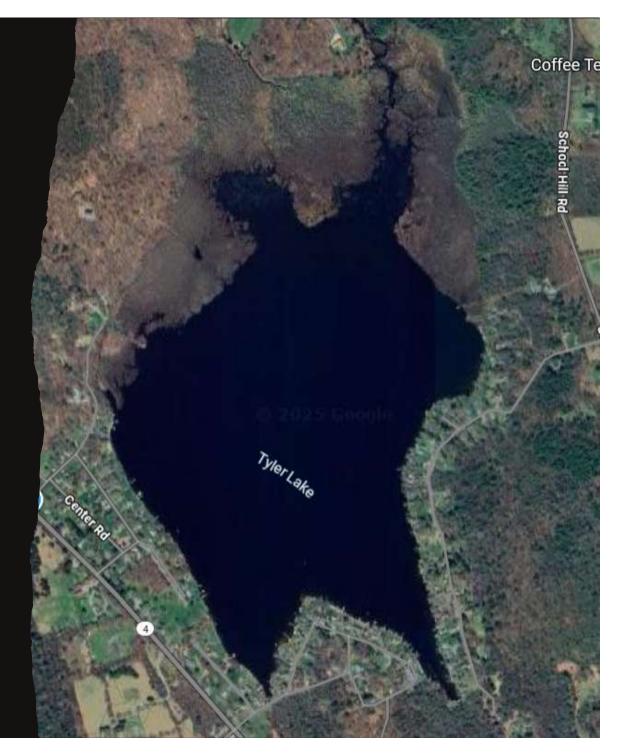


Quantity and Quality Problems

- Tyler Lake is connected to other local sources as well!
 - Treating upstream helps the lake!
 - Treating the outflow helps the neighbors!
- Individual property owners can address their own yards

Quantity and Quality Solutions

- Establishing a longer flow path for the inlet provides more nutrient uptake and a broader flood plain
- Individual property owners can move away from well manicured lawns at the waters edge
 - Establish Riparian Buffers!



Stormwater Solutions

- Stormwater Ponds
 - Practices that have either a permanent pool of water or a combination of permanent pool and extended detention
- Stormwater Wetlands
 - Practices that include significant shallow marsh areas, and may incorporate small permanent pools and extended detention
- Infiltration Practices
 - Practices that capture and temporarily store the WQv before allowing infiltration into the ground
- Filtering Practices
 - Practices that capture and temporarily store the WQv, and pass it through a filter bed of sand/organic matter/soil/engineered media
- Open Channel Practices
 - Practices designed to capture and treat the full WQv within dry or wet cells formed by check dams or other means

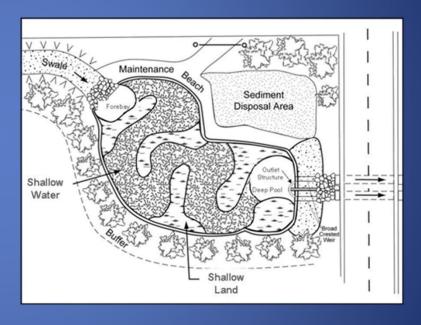
Stormwater Ponds





Stormwater Wetlands





Open Channel Practices





Finding Solutions

- A new General Permit for discharge was issued in 2024
 - Significant burden on the Municipalities
 - Resources are thin
- Many of your local issues may be best handled by your own community!
- NYSDEC Manuals and Guidelines
 - Stormwater Toolbox

Engaging the Community

- Education!
 - Needs to be more than a pamphlet in the mail
- Community action days!
 - A healthy BMP is an attraction
 - An engaged, responsible community can be our biggest asset.



Questions?

